

**TENNIS ACADEMY OF THE SOUTH,** in residence at the Sandy Springs Tennis Center, is the premiere tennis training program in the South. TAS has produced 15 NCAA All-Americans, 5 NCAA individual national champions, and 2 junior national champions. TAS at SSTC is a full service training academy with the staff and resources to allow committed players to reach the level of excellence they desire: from advanced junior competition to collegiate tennis or the pro circuit.

#### **TAS MANAGEMENT**

**Jeff Groslimond, Academy Co-Director,** is a former nationally ranked junior and full scholarship athlete at the University of Arizona. Jeff's competitive playing background at the higher NCAA level and his ability to relate on a personal level with juniors, makes him an invaluable resource for juniors and adults to gain competitive toughness and enjoy the game. USPTA certified.

**Hagen Endler, Academy Co-Director,** is a former nationally ranked junior, scholarship athlete at Florida State University and has in-depth coaching experience with nationally ranked juniors. Hagen's character and work ethic will make a strong impact on the juniors in the Academy. Hagen's work with juniors during tournament competition is excellent. USPTA certified.

## **TAS ACADEMY**

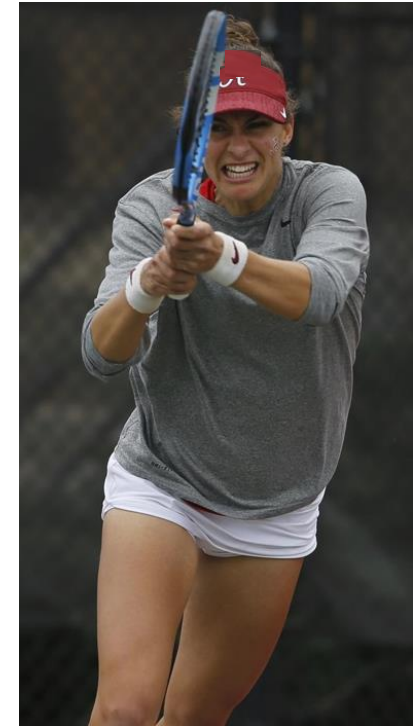
*Work hard, play smart, embrace excellence*

- TAS' mission is to develop aspiring juniors to become the next generation of collegiate and world class tennis players.
- Training designed for juniors playing USTA state, sectional or national tournaments
- Commitment level of 2 to 7 drills per week, based on age and division
- 2 programs: Performance Academy, High Performance Academy
- 3 High Performance divisions: 12 & Under, After School, Home School
- Proven methodology for taking all the way to national level competition
- Complete training package including on court drills, off court conditioning, mental toughness training, college counseling and parent education
- To schedule an evaluation, call SSTC at (678) 224-8810.



## **TAS ACADEMY**

For juniors  
committed  
to training that  
produces results



**SANDY SPRINGS TENNIS CENTER**  
500 Abernathy Road, Sandy Springs, GA 30328  
[www.sandyspringstennis.com](http://www.sandyspringstennis.com)

## Performance Training

### GENERAL PROGRAMMING

- Year round training
- Students set their own goals with TAS staff to fit their needs and aspirations
- On court drills & match play, 2 hours in length
- Make ups for inclement weather
- Day or overnight tournament coaching at up to 15 tournaments yearly is available for an extra fee

### TRAINING GOALS

- Develop each student to their full potential in the game of tennis
- Meet tennis oriented physical, mental and emotional needs in one inclusive program
- Use tennis training to develop important life skills such as time management, goal setting, delayed gratification and handling adversity



## TAS Academy

### TAS HIGH PERFORMANCE ACADEMY

#### Home School Division

- Sectional, National Ranking
- On court drills & supervised set play, 7 drills per week
- Strength & conditioning, 3 hours per week
- Mental toughness & imagery training, 3 sessions per week plus built into every drill

#### After School Division

- State, Sectional, National Ranking
- On court drills & supervised set play, 4 drills per week
- Strength & conditioning, 2 hours per week
- Mental toughness & imagery training, built into every drill

#### 12 & Under Division

- Match ready to State Ranking
- On court drills, 4 days per week
- Match play included

### TAS PERFORMANCE ACADEMY

- Juniors playing competitive tennis: tournaments, school team, ALTA/USTA
- Minimum commitment, 2 drills/week
- After school drills offered Monday-Thursday
- Make ups provided for inclement weather

### TOURNAMENT COACHING

- Day and overnight coaching at up to 15 tournaments annually
- Staff provides early morning warm-up
- Students write pre-tournament goals and receive post tournament evaluation

## High Performance Training

### TAS HAS PRODUCED

- 2 junior National Champions
- 5 NCAA Individual National Champions
- 15 NCAA All Americans
- Over 250 NCAA scholarship athletes



**For an evaluation,  
call (678) 224-8810**

[www.tennisacademyofthesouth.com](http://www.tennisacademyofthesouth.com)